

August 2010

**WEI-CHIN HWANG, PH.D.**

Associate Professor

Department of Psychology  
Claremont McKenna College

850 Columbia Avenue

Claremont, CA 91711

Phone: (909) 607-2762

Fax: (909) 621-8419

Email: [Wei-Chin.Hwang@claremontmckenna.edu](mailto:Wei-Chin.Hwang@claremontmckenna.edu)

Websites: <http://academic.claremontmckenna.edu/faculty/profile.asp?Fac=491>

<http://www.losangelesclinicalpsychologist.com/>

**PERSONAL INFORMATION**

Ethnicity: Taiwanese American

Citizenship: United States

Languages: English, Mandarin, Taiwanese

Age of immigration: 3-years-old

**LICENSED CLINICAL PSYCHOLOGIST (2004)**

CA Psychology License Number: 19967

**RESEARCH INTERESTS**

My research interests include ethnic, racial, and cultural issues in mental health and conceptualizations of mental illness, with an emphasis on affective disorders. Specifically, I am interested in ethnic differences in the expression of distress, cross-cultural validity of diagnostic and assessment instruments, prevalence and etiology of psychopathology across ethnic populations, pathways of care, and cultural competence and adaptation of services to reduce health disparities for ethnic minorities.

**CLINICAL INTERESTS**

I have a small part-time private practice in Pasadena and Claremont. For my practice, my clinical specialty is in treating mood disorders, relationship and family problems, traumas, adjustment, and personal growth and development. I work with adults, adolescents, couples, and families. I also have an expertise on the relationship between culture and mental health issues. I take an integrative cognitive-behavioral, psychodynamic, and solution-focused approach to treating clients, and conduct therapy in English, Mandarin, or Taiwanese.

**OCCUPATIONAL HISTORY**

2009-Present Associate Professor, Department of Psychology, Claremont McKenna College  
2008-Present Faculty Affiliate, Berger Institute for Work, Family and Children  
2007-Present Adjunct Faculty, School of Behavioral and Organizational Sciences, Claremont Graduate University  
2010-Present CMC Faculty Advisor, Intercollegiate Department of Asian American Studies, Claremont Colleges  
2006-Present Core Faculty, Intercollegiate Department of Asian American Studies, Claremont Colleges  
2004-Present Independent Psychology Practice  
2006-2009 Assistant Professor, Department of Psychology, Claremont McKenna College  
2003-2006 Assistant Professor, Department of Psychology, University of Utah  
2003-2004 Post-doctoral Fellowship: Harbor UCLA Medical Center, NIMH Psychobiology of Ethnicity Center  
2002-2003 Pre-doctoral Fellowship: Richmond Area Multi-Services (RAMS), National Asian American Psychology Training Center (NAAPTC)

**EDUCATION**

**1997-2003 University of California, Los Angeles (UCLA)**  
Ph.D. in Clinical Psychology 2003, GPA: 3.85  
M.A. Clinical Psychology, 1999

Minor: Psychometrics & Measurement

Doctoral Dissertation: Disaggregating the relationship between stress and major depression in Chinese Americans (Advisor: Hector Myers, Ph.D).

Master's Thesis: Psychosocial predictors of first-onset depression in Chinese Americans (Advisor: Hector Myers, Ph.D).

**1993-1997 University of Utah**

Honors B.A. Psychology, Cum Laude, 1997; GPA: 3.88

B.A. Asian Studies, Magna Cum Laude, 1997

Bachelors Honors Thesis: Predicting the Initial Adjustment of Delinquent Boys to Community-Based Youth Corrections Programs (Advisor: Paul Florsheim, Ph.D.).

**HONORS & AWARDS**

- 2010 Western Psychological Association Enrico E. Jones Award for Research in Psychotherapy and Clinical Psychology
- 2010 Inducted as Fellow of Western Psychological Association for outstanding and sustained contributions to psychology through research, teaching, or service to the profession
- 2009 American Psychological Association Minority Fellowship Program (MFP) Early Career Award in Research for Distinguished Contributions to the Field of Racial and Ethnic Minority Psychology
- 2009 Asian American Psychological Association Early Career Award for Distinguished Contributions in Scholarship, Leadership, and Dedication to Asian American Communities
- Fall 2008 National Institute of Mental Health 3-C Institute for Social Development Leadership Training Institute Fellow
- Summer 2007 Taiwan Overseas Health Professionals Program Fellow
- Summer 2006 National Institutes of Health (NIH) OBSSR Summer Institute on Clinical Trials Fellow
- Summer 2005 American Psychological Association (APA) Minority Fellowship Program (MFP) Psychology Summer Institute (PSI) Fellow
- Summer 2002 Okura Mental Health Leadership Foundation Fellow
- 1997-2001 University of California Eugene Cota Robles Graduate Fellowship
- 1997-2000 American Psychological Association Minority Fellowship Program (MFP) Graduate Fellowship
- 1997-1998 Phi Kappa Phi Graduate Fellowship (University & National Awards)

**COLLEGE & PROFESSIONAL SERVICE**

- 2007-Present Member, Executive Committee, National Asian American Center for Disparities Research, UC Davis
- 2010-Present Athenaem Advisory Committee Member, Claremont McKenna College
- 2006-2008 Intercollegiate Department of Asian American Studies faculty meetings, Claremont Colleges
- 2007-2008 Programming Committee, Intercollegiate Department of Asian American Studies, Claremont Colleges
- 2007-2008 Diversity Committee Member, Claremont McKenna College
- 2007-2008 Athenaem Advisory Committee Member, Claremont McKenna College
- 2007-2008 Faculty Advisor, Psi Chi, Psychology National Honor Society, Claremont McKenna College
- 2007-2008 Writing Support Best Practices Working Group, Claremont McKenna College
- 2005-2006 Counseling Center Staff Associate, University of Utah
- 2005-2006 Committee Member, Program Review Committee for the Center for Ethnic Student Affairs, University of Utah
- 2005-2006 Chair of Search Committee, Center for Ethnic Student Affairs, (Asian American Advisor Replacement), University of Utah
- 2003-2006 Diversity Committee Member, University of Utah
- 2003-2006 Clinical Area Committee Member, University of Utah

2001-2002 Admissions Committee Member, University of California Los Angeles  
1997-1998 Clinical Area Committee Member, University of California Los Angeles  
1997-2003 UCLA Committee of Students Concerned with Ethnic Issues (CSCEI)

### **PROFESSIONAL MEMBERSHIPS & ACTIVITIES**

2009-Present Member, Division 12 (Society of Clinical Psychology) Section VI (Clinical Psychology of Ethnic Minorities)  
2004-Present Faculty Mentor Taiwan Psychology Network  
2000-Present Member, Division 45 –Society for the Psychological Student of Ethnic Minorities Issues  
1997-Present Member, American Psychological Association (APA)  
1997-Present Member, Asian American Psychological Association (AAPA)  
2009-2010 Awards Committee, Asian American Psychological Association (AAPA)

### **EDITORIAL POSITIONS**

2009-Present Editorial Board, *Asian American Journal of Psychology*  
2009-Present Section VI (Clinical Psychology of Ethnic Minorities) Editor for APA Division 12 (Society of Clinical Psychology) newsletter (*The Clinical Psychologist*)

### **AD HOC REVIEWER**

*American Psychologist, Journal of Consulting and Clinical Psychology, Journal of Abnormal Psychology, Cultural Diversity and Ethnic Minority Psychology, Archives of General Psychiatry, American Journal of Community Psychology, Journal of Clinical Child and Adolescent Psychology, Cognitive & Behavioral Practice, Social Psychiatry and Psychiatric Epidemiology, Psychological Assessment, International Journal of Psychology, Pragmatic Case Studies in Psychotherapy, Asian American Psychological Association (AAPA)*

### **GRANTS FUNDED**

- 1) **Hwang, W. (PI) (2009) – Claremont McKenna College Faculty Summer Research Grant.** Treatment adherence and fidelity in community mental health interventions. (Grant Funded - \$4,490).
- 2) **Hwang, W. (PI) (2009) – Claremont McKenna College Faculty Summer Research Grant.** Understanding therapy process in community mental health treatments. (Grant Funded - \$2,000).
- 3) **Hwang, W. (Program Leader) NIMH PAR-04-60: Advanced Centers for Mental Health Disparities Research (ACMHDR). (Nolan Zane PI (07/01/2007-06/30/2012, Grant No: 1 P50 MH073511-01A2).** Asian American Center on Disparities Research. Program Leader for one of the center's three primary projects: Therapist factors that predict treatment outcomes among ethnic minority clients. Examines treatment factors for health disparities across African American, Asian American, and Latino clients (5-Year Grant Funded - \$2.9 million direct costs, 3.9 million total costs).
- 4) **Hwang, W. (PI) - NIMH R34: From Intervention Development to Services: Exploratory Research Grants (09/03/2007 – 05/31/2010, Grant No: 1 R34 MH073545-01A2).** Adapting Cognitive Behavioral Therapy (CBT) for Chinese Americans (3-Year Grant Funded - \$405,000 direct costs, \$500,670 total costs).
- 5) **Hwang, W. (PI) (2008) – Claremont McKenna College Diversity Mini-Grant.** Integrating undergraduate students into research: Ethnic and gender differences in dating preferences (Grant Funded - \$250).
- 6) **Hwang, W. (PI) (2007) – Claremont McKenna College Faculty Summer Research Grant.** Healthy Immigrant Families Project: How acculturation and Americanization can be detrimental to immigrant

families. (Grant Funded - \$4,000).

- 7) **Hwang, W. (PI) (2007) - Claremont McKenna College Diversity Mini-Grant.** Enhancing diversity in clinical practice and teaching. (Grant Funded - \$250).
- 8) **Hwang, W. (Supervisor for Graduate Student PI: Julia Ting, Doctoral Student) (2006). University of Utah Clayton Award for Excellence in Research on Underrepresented Populations.** Predicting depression in students of color (Grant Funded - \$3,500).
- 9) **Hwang, W. (PI) – University of Utah Proposal Initiative Grant (2005).** Therapy orientations as a method to reduce treatment dropouts and improve outcomes for ethnic minorities. (Grant Funded - \$4,000).
- 10) **Hwang, W. Program Advisor (PI: Paul White) (2004 - 2009) - R25 NIMH Mental Health Research Education Grant – Summer Research Internship for Underrepresented Students - Summer Research Opportunities Program (SROP).** (5-Year Grant Funded \$917,762).

#### **GRANT APPLICATIONS**

- 11) **Hwang, W. (PI). NIMH Behavioral Science Track Award for Rapid Transition (B/Start). (Grant submitted for review).** Cultural Competency and Ethnically Diverse Client Outcomes (\$74,750). 1<sup>st</sup> submission (June 2005) score = 297: Unfunded, but recommended for revise and resubmit.
- 12) **Hwang, W. (PI) – John Randolph Haynes and Dora Haynes Foundation Faculty Fellowship Grant.** Acculturative Family Distancing (AFD): What is it and how does it cause problems for immigrant families? (Submitted November 2006: Unfunded)
- 13) **Hwang, W. (PI) – NIMH R03 (Grant submitted for review).** Developing an international student adaptation program (\$149,500). 1<sup>st</sup> submission (June 2005) non-scored, but recommended for revise and resubmit.
- 14) **Co-Investigator (PI: Hector F. Myers) – NIMH RO1. (Grant submitted for review).** Longitudinal Study of Ethnic Differences in Depression (\$2,952,181). 1<sup>st</sup> submission (June 2004) non-scored, but recommended for revise and resubmit.

#### **ACADEMIC PUBLICATIONS**

\*Asterisks denote student authors

- 1) **Hwang, W.,** Wood, J. J., & Fujimoto, K. (In Press). Acculturative Family Distancing (AFD) and depression in Chinese American Families. *Journal of Consulting and Clinical Psychology*.
- 2) **Hwang, W.** (In Press). Integrating top-down and bottom-up approaches to culturally adapting psychotherapy: Application to Chinese Americans. In G. Bernal and M. M. Domenech Rodriguez (Eds.), *Cultural Adaptations: Tools for Evidence-Based Practice with Diverse Populations*. American Psychological Association Press.
- 3) **Hwang, W.** (In Press). Acculturative Family Distancing (AFD): Cultural-linguistic understanding and skills development. In F. Leong, L. Juang, D. B. Qin, & H. E. Fitzgerald (Eds.), *Asian American and Pacific Islander Children and Mental Health, Volume 1: Development and Context*. Praeger Press.
- 4) **Hwang, W.** (In Press). Treating depression in Asian American adults. In H. Grey (Ed.), *Psychological*

*Treatment of Ethnic Minority Populations.* Oxford University Press.

- 5) **Hwang, W.,** & \*Ting, J. Y. (In Press). Treating Asian Americans: An Overview. In H. Grey (Ed.), *Psychological Treatment of Ethnic Minority Populations.* Oxford University Press.
- 6) Wood, J. J., Drahota, A., Sze, K., Van Dyke, M., Decker, M., Fuji, C., Bahng, C., Renno, P., **Hwang, W.,** & Spiker, M. (2009). Brief report: Effects of cognitive-behavioral therapy on parent-reported autism symptoms in school-age children with high-functioning autism. *Journal of Autism and Developmental Disabilities, 39,* 1608-1612.
- 7) **Hwang, W.,** & Goto, S. (2009). The effects of racial discrimination on minority college students. *Asian American Journal of Psychology, Special Issue 1,* 15-28 (selected to be reprinted for 1<sup>st</sup> issue of the journal based on high citations, impact, and interest).
- 8) **Hwang, W.** (2009). The Formative Method for Adapting Psychotherapy (FMAP): A community-based developmental approach to culturally adapting therapy. *Professional Psychology: Research and Practice, 40(4),* 369-377.
- 9) **Hwang, W.,** & Wood, J. J. (2009). Acculturative Family Distancing (AFD) in Immigrant Families: A structural model of linkages with mental health outcomes among young adults. *Child Psychiatry and Human Development, 40(1),* 123-138.
- 10) \*Ting, J. Y., & **Hwang, W.** (2009). Cultural influences on help-seeking attitudes in Asian American students. *American Journal of Orthopsychiatry, 79,* 125-132.
- 11) **Hwang, W.** (2008). Diagnostic nondisclosure of schizophrenia to Chinese American patients: Are we being culturally sensitive or feeding into cultural misconceptions? *Asian Journal of Counseling, 15(1),* 1-32.
- 12) Wood, J., \*Chiu, A., **Hwang, W.,** \*Jacobs, J., & \*Ifekwunigwe, M. (2008). Adapting CBT for Mexican-American Youth with School-Related Anxiety Disorders: Case Illustrations. *School Psychology Quarterly, 23(4),* 515-532.
- 13) **Hwang, W.,** & Goto, S. (2008). The effects of racial discrimination on minority college students. *Cultural Diversity and Ethnic Minority Psychology, 14(4),* 326-335.
- 14) **Hwang, W.** & \*Ting, J. Y. (2008). Disaggregating the effects of acculturation and acculturative stress on the mental health of Asian Americans. *Cultural Diversity and Ethnic Minority Psychology, 14,* 147-154.
- 15) **Hwang, W.,** Myers, H. F., Abe-Kim, J., & \*Ting, J. Y. (2008). A conceptual paradigm for understanding culture's impact on mental health: The Cultural Influences on Mental Health (CIMH) Model. *Clinical Psychology Review, 28,* 212-228.
- 16) **Hwang, W.** (2007). Qi-Gong Psychotic Reaction in a Chinese American Woman. *Culture, Medicine, and Psychiatry, 31(4),* 547-560.
- 17) **Hwang, W.,** Miranda, J., & Chung, C. (2007). Psychosis and Shamanism in a Filipino-American Immigrant. *Culture, Medicine, and Psychiatry, 31,* 251-269.

- 18) \*Ting, J. Y., & **Hwang, W.** (2007). Eating disorders among Asian American women: Integrating multiculturalism and feminism. *Women and Therapy, 30*(3-4), 145-160.
- 19) \*Ting, J. Y., & **Hwang, W.** (2007--reprint). Eating disorders among Asian American women: Integrating multiculturalism and feminism. In D. W. Kawahara & O. M. Espin (Eds.), *Feminist Reflections on Growth and Transformation: Asian American Women in Therapy*. The Haworth Press Inc.
- 20) **Hwang, W.**, & Wood, J. J. (2007). Being culturally sensitive is not the same as being culturally competent. *Pragmatic Case Studies in Psychotherapy, 3*(3), 44-50.
- 21) **Hwang, W.**, & Myers, H. F. (2007). Major Depression in Chinese Americans: The roles of stress and vulnerability. *Social Psychiatry and Psychiatric Epidemiology, 42*(3), 189-197.
- 22) **Hwang, W.** (2006). Acculturative family distancing: Theory, research, and clinical practice. *Psychotherapy: Theory, research, practice, training, 43*(4), 397-409.
- 23) **Hwang, W.**, Wood, J., Lin, K., & Cheung, F. (2006). Cognitive-Behavioral Therapy with Chinese Americans: Research, Theory, and Clinical Practice. *Cognitive and Behavioral Practice, 13*, 293-303.
- 24) **Hwang, W.** (2006). The Psychotherapy Adaptation and Modification Framework (PAMF): Application to Asian Americans. *American Psychologist, 61*(7), 702-715.
- 25) Miranda, J., Bernal, G., Lau, A., Kohn, L., **Hwang, W.**, La Framboise, T. (2005). State of the Science on Psychosocial Interventions for Ethnic Minorities. *Annual Review of Clinical Psychology, 1*, 113-142.
- 26) **Hwang, W.**, Chun, C., Takeuchi, D. T., Myers, H. F., & Prabha, S. (2005). Age of first-onset major depression in Chinese Americans. *Cultural Diversity and Ethnic Minority Psychology, 11*(1), 16-27.
- 27) Myers, H.F., & **Hwang, W.** (2004). Cumulative psychosocial risks and resilience: A conceptual perspective on ethnic health disparities in late life. In National Research Council, Critical Perspectives on Racial and Ethnic Disparities in Health in Later Life. Anderson, N.A., Bulatao, R. A., Cohen, B. (Eds.) Committee on Population, Division of Behavioral and Social Sciences and Education (pp. 492-539). Washington, D.C.: The National Academies Press.
- 28) Myers, H.F., & **Hwang, W.** (2003). Ethnocultural issues in behavioral medicine. In L. M. Cohen, D. E. McChargue, & F. L. Collins (Eds.), *The Health Psychology Handbook: Practical Issues for the Behavioral Medicine Specialist* (pp. 456-468). Thousand Oaks: Sage Publications.
- 29) Wood, J. J., McLeod, B. D., Sigman, M., **Hwang, W.**, & Chu, B. C. (2003). Parenting and childhood anxiety: Theory, empirical findings, and future directions. *Journal of Child Psychology and Psychiatry, 44*(1), 134-151.
- 30) Abe-Kim, J., Takeuchi, D. T., & **Hwang, W.** (2002). Predictors of help seeking for emotional distress among Chinese Americans: Family Matters. *Journal of Consulting and Clinical Psychology, 70*(5), 1186-1190.
- 31) Myers, H. F., Lesser, I., Rodriguez, N., Bingham, C. B., **Hwang, W.**, Camp, C., Anderson, D., Erickson, L., & Wohl, M. (2002). Ethnic differences in clinical presentation of depression in depressed

adult outpatients. *Cultural Diversity & Ethnic Minority Psychology*, 8(2), 138-156.

- 32) **Hwang, W.**, Chun, C., Kurasaki, K., Mak, W., & Takeuchi, D. T. (2000). Factor validity of scores on a social support and conflict measure among Chinese Americans. *Educational and Psychological Measurement*, 60(5), 808-816.
- 33) **Hwang, W.**, Myers, H., & Takeuchi, D. (2000). Psychosocial predictors of first-onset depression in Chinese Americans. *Social Psychiatry and Psychiatric Epidemiology*, 35, 133-145.
- 34) Florsheim, P., **Hwang, W.**, Shotorbani, S., Guest, & Barrat, T. (2000). Predicting treatment progress among delinquent boys in community-based residential programs: The role of the working alliance. *Journal of Clinical Child Psychology*, 29(1), 94-107. (Authorship order misprint in journal; correct authorship order listed above).

### **TREATMENT MANUALS AND ASSESSMENT MEASURES**

- 1) **Hwang, W.** (2008). *Improving your mood: A culturally responsive and holistic approach to treating depression in Chinese Americans* (Client Manual – Chinese and English versions). Unpublished copyrighted treatment manual.
- 2) **Hwang, W.** (2008). *Improving your mood: A culturally responsive and holistic approach to treating depression in Chinese Americans* (Therapist Manual – Chinese and English versions). Unpublished copyrighted training manual.
- 3) **Hwang, W.**, \*Yeh, N., \*Chung, J., \*Chen, M., \*Zhu, J., \*Wu, S. (2008). Translated (into Chinese) treatment manual written by Hwang, W. (2008). *Improving your mood: A culturally responsive and holistic approach to treating depression in Chinese Americans* (Client Manual – Chinese and English versions). Unpublished copyrighted treatment manual.
- 4) **Hwang, W.**, \*Yeh, N., \*Chung, J., \*Chen, M., \*Zhu, J., \*Wu, S. (2008). Translated (into Chinese) treatment manual written by Hwang, W. (2008). *Improving your mood: A culturally responsive and holistic approach to treating depression in Chinese Americans* (Therapist Manual – Chinese and English versions). Unpublished copyrighted training manual.
- 5) **Hwang, W.**, \*Chung, J., \*Yeh, N., \*Wu, S., & \*Zhu, J. (2008). Translated (into Chinese) therapist treatment manual written by Miranda, J., Woo, S., Lagomasino, I., Hepner, K. A., Wiseman, S., Muñoz, R. (2006). *Group cognitive behavioral therapy for depression – Thoughts, activities, people and your mood* (Revised August 2006 based on original manuals by Munoz, Ippen, Rao, Le, & Dwyer. (2000). Manual for group cognitive-behavioral therapy of major depression. San Francisco, CA: San Francisco General Hospital).
- 6) **Hwang, W.**, \*Chung, J., \*Yeh, N., \*Wu, S., & \*Zhu, J. (2008). Translated (into Chinese) client treatment manual written by Miranda, J., Woo, S., Lagomasino, I., Hepner, K. A., Wiseman, S., Muñoz, R. (2006). *Group cognitive behavioral therapy for depression – Thoughts, activities, people and your mood* (Revised August 2006 based on original manuals by Munoz, Ippen, Rao, Le, & Dwyer. (2000). Manual for group cognitive-behavioral therapy of major depression. San Francisco, CA: San Francisco General Hospital).
- 7) **Hwang, W.** (2006). *Acculturative Family Distancing Measure: Parent (PR) and Youth (YR) Reports* (English, Chinese, and Spanish versions). Unpublished copyrighted questionnaire.

### **OTHER PUBLICATIONS & REPORTS**

- 1) **Hwang, W.** (2009). Strengthening our communities by changing the notion of who we are. *Asian American Psychologist: Newsletter of the Asian American Psychological Association*, Summer, 13-14.
- 2) **Hwang, W.** (2007, May 18). Mental illness, racial identity, and the Virginia Tech shooting. *Seattle Times*. (<http://archives.seattletimes.nwsource.com/cgi-bin/texis.cgi/web/vortex/display?slug=asian18&date=20070518&query=wei-chin+hwang>).

Also reprinted as “When stigma leads to destruction: Mental illness, racial identity, and the Virginia Tech shooting.” *National Alliance on Mental Illness (NAMI), California*. (2007). (<http://www.namicalifornia.org/document-detail.aspx?page=newsviews&tabb=currentnews&lang=ENG&idno=1326>)

Also reprinted as “Mental illness, racial identity, and the Virginia Tech shooting.” *American Psychological Association Minority Fellowship Program Summer Newsletter “Variability,”* (Summer, 2007), p. 5, 8.

- 3) Committee Members: Arviso, Brayboy, Daniels, Delgado-Bernal, Falepapalangi, **Hwang**, Okhuysen, Richards, & White. (2006). Review of the Center for Student Ethnic Affairs (CESA) and Recommendations for the Improvement of Diversity Issues on Campus: Development of a 5-year plan. University of Utah.

### **MANUSCRIPTS SUBMITTED FOR PUBLICATION**

- 1) **Hwang, W.** Who dates who? Ethnic and gender preferences in online dating. Manuscript submitted for publication.
- 2) **Hwang, W.**, & Myers, H.F. The explanatory model of illness catalogue: Understanding ethnic differences in beliefs about the causes of depression and help-seeking behavior. Manuscript submitted for publication.
- 3) Lesser, I., Myers, H. F., Bingham-Mira, C. B., Rodriguez, N., **Hwang, W.**, & Erickson, L. Ethnic differences in short-term treatment response among depressed women. Manuscript submitted for publication.
- 4) \*Drahota, A., Wood, J. J., **Hwang, W.**, \*Langley, A., & Piacentini, J. C. School Problems and Adaptive Functioning in School-Aged Children: Linkages with Trait Anxiety and Anxiety Disorders. Manuscript submitted for publication.

### **MANUSCRIPTS IN PREPARATION**

- 1) **Hwang, W.**, Miranda, J., Myers, H. F., Chiu, E., Mak, E., et al. Cognitive-Behavioral Therapy with Chinese Americans: An empirical test of culturally adapted evidence-based practices (Manuscript in preparation).
- 2) **Hwang, W.**, Chiu, E., Mak, E., et al. Making clinical-community research collaborations work (Manuscript in preparation).
- 3) Fujimoto, K., Hwang, W., & Wood, J. Acculturative Family Distancing: Rasch modeling and measurement refinement (Manuscript in preparation).

- 4) **Hwang, W.** Understanding the complexities of translation: Recommendations for best practice (Manuscript in preparation).
- 5) \*Ting, J. Y., Poulton, J., & **Hwang, W.** The cultural third: Integrating cultural issues and psychodynamic theory (Manuscript in preparation).
- 6) \*Ting, J. Y., Florsheim, P., & **Hwang, W.** Mental health help-seeking in ethnic minority populations: A theoretical perspective (Manuscript in preparation).

### **CONFERENCE PRESENTATIONS**

- 1) **Hwang, W.** How do we culturally adapt psychotherapy? Let's get down to the specifics. (2011, March). Invited talk scheduled for the meeting of the Western Psychological Association (WPA) Conference, Los Angeles, CA.
- 2) **Hwang, W.** Adapting cognitive-behavioral therapy for Chinese Americans: Conducting clinical trials in community mental health care settings (2009, March). In J. Mio (Chair), *Cutting Edge Research*. Symposium conducted at the National Multicultural Summit, New Orleans, LA. Symposium to be conducted at the Southern California Division of Women Asian American Psychological Association Conference, Long Beach, CA.
- 3) **Hwang, W.**, Miranda, J., Myers, H. F., Chiu, E., Mak, E., Yeh, N., & Wu, S. (2009, January). Culturally adapting psychotherapy for Asian Americans: Integrating bottom-up and top-down approaches. In N. Kaslow (Chair), *Culturally informed psychotherapy: theoretical and empirical bases*. Symposium conducted at the National Multicultural Summit, New Orleans, LA.
- 4) **Hwang, W.** (2008, August). Top-down and bottom-up approaches: Adapting therapy for Chinese Americans. In N. Zane (Chair), *Adapting psychotherapy for Asian Americans*. Symposium conducted at the Asian American Psychological Association (APA) Conference, Boston, MA.
- 5) \*Ting, J., **Hwang, W.**, & Goto, S. (2008, August). Perceived racial discrimination and mental health among Asian Americans and Latinos. Poster presented at the Asian American Psychological Association (APA) Conference, Boston, MA.
- 6) \*Ting, J. Y., Florsheim, P., & **Hwang, W.** (2008). Cultural Influences on the Theory of Planned Behavior. Poster presented at the Western Psychological Association Conference, Irvine, CA
- 7) **Hwang, W.** (Discussant) (2008, May). Applying Theory to Recent Immigration Stress among Koreans (ATRISK). Symposium conducted at the meeting of the Western Psychological Association (WPA) Conference, Irvine, CA.
- 8) **Hwang, W.** (Chair) (2008, May). Who are you likely to date? Ethnic and gender preferences in dating. Symposium conducted at the Western Psychological Association (WPA) Conference (Discussant J. Ting), Irvine, CA.
- 9) \*Kawai, R., \*Bogopolskaya, N., \*Marra, M., \*Phillips, L., & **Hwang, W.** (2008, May). Social exchange theory and the dating preferences of Asian Americans. In W. Hwang (Chair), *Who are you likely to date? Ethnic and gender preferences in dating*. Symposium conducted at the Western Psychological

Association (WPA) Conference, Irvine, CA.

- 10) \*Caouette, J., \*Nauts, V., \*Suzuki, M., \*Chung, J., & **Hwang, W.** (2008, May). Historical factors that influence African American dating dynamics. In W. Hwang (Chair), *Who are you likely to date? Ethnic and gender preferences in dating*. Symposium conducted the Western Psychological Association (WPA) Conference, Irvine, CA.
- 11) \*Ojeda, D., \*Lopez, C., \*Soto, C., \*Yeh, N., & **Hwang, W.** (2008, May). Understanding Latino dating and gender preferences. In W. Hwang (Chair), *Who are you likely to date? Ethnic and gender preferences in dating*. Symposium conducted at the Western Psychological Association (WPA) Conference, Irvine, CA.
- 12) \*Chang, H., \*Ferioli, C., \*Wang, Y., \*Wu, S., \*Chen, M., & **Hwang, W.** (2008, May). Do Caucasian Americans evidence different interracial dating preferences than ethnic minorities? In W. Hwang (Chair), *Who are you likely to date? Ethnic and gender preferences in dating*. Symposium conducted at the meeting of the Western Psychological Association (WPA) Conference, Irvine, CA.
- 13) **Hwang, W.** (2007, August). Applying the Psychotherapy Adaptation and Modification Framework (PAMF) to Asian Americans. In G. Bernal (Chair), *Adapting evidence-based treatments with diverse populations: Models and methods*. Symposium conducted at the meeting of the American Psychological Association (APA) Conference, San Francisco, CA.
- 14) **Hwang, W.** (2007, August). Therapist factors research program. In N. Zane (Chair), *Asian American Center on Disparities Research: Community-based research on EBPPs*. Symposium conducted at the meeting of the Asian American Psychological Association (APA) Conference, San Francisco, CA.
- 15) \*Ting, J. Y., **Hwang, W.**, \*Thomas, M., \*Motoki, D., \*Skinner, J., \*Latimer, J. (2007, May). *Understanding help-seeking attitudes among Asian American college students*. Paper presented at the Western Psychological Association (WPA) Conference, Vancouver, Canada.
- 16) \*Ting, J. Y., **Hwang, W.**, \*Skinner, J., \*Thomas, M., \*Motoki, D., \*Latimer, J. (2007, May). *Why do Asian American college students become depressed?: The role of acculturation and acculturative stress*. Poster presentation submitted for the Western Psychological Association (WPA) Conference, Vancouver, Canada.
- 17) \*Ting, J. Y., \*Motoki, D., \*Skinner, J., \*Thomas, M., \*Latimer, J., **Hwang, W.** (2007, February). *The role of acculturative stress in distress among Asian Americans*. Poster presented at the University of Utah Department of Psychology Diversity Conference, Salt Lake City, Utah.
- 18) Myers, H.F., & **Hwang W.** (2002, March 21-22). *Cumulative psychosocial risks and resilience: A conceptual perspective on ethnic health disparities in late life*. Invited paper presented at and commissioned by the National Research Council's panel on Ethnic Disparities in Aging Health, Washington, D.C.
- 19) Myers, H.F., & **Hwang, W.** (2001, October). *Prevalence & Predictors of Psychiatric Disorders in African American Men with HIV/AIDS*. Paper presented at the 8<sup>th</sup> Annual Conference on Behavior, Clinical Neuroscience, Substance Abuse and Culture, Los Angeles, CA.
- 20) Abe-Kim, J., Takeuchi, D.T., & **Hwang, W.** (2000, June). *Predictors of helpseeking for emotional*

*distress among Chinese Americans: A longitudinal analysis.* Paper presented at the Second Annual Summer Institute "Race and Ethnicity in America," Family Research Consortium, Keystone, CO.

- 21) Abe-Kim, J., **Hwang, W.**, & Takeuchi, D.T. (1999, August). *Chinese American helpseeking patterns: Use of formal versus informal care.* In a symposium entitled, "Individual and Community Processes Surrounding Psychological Distress among Asian Americans." Paper presented at the American Psychological Association Convention, Boston, MA.
- 22) **Hwang, W.**, Myers, H. F., & Takeuchi, D.T. (1998, April). *Psychosocial predictors of first onset depression among Chinese Americans.* Poster session presented at the Western Psychological Association (WPA) Conference, Los Angeles, CA.
- 23) Florsheim, P., **Hwang, W.**, Shortobani, S., Guest, G., & Barratt, T. (1997, August). *Predicting treatment progress among delinquent boys in community-based youth corrections programs.* Poster presented at the American Psychological Association (APA) Conference, Chicago.
- 24) Tremblay, R., Barratt, T., Brannigan, A., DeWitt, J., Downing, R., Florsheim, P., **Hwang, W.**, Lin, Z., Potts, J., Sheperd, J., Shortobani, S., Su, S., & Tsamis, V. (1997, November). *Precursors, predictors, and outcomes of juvenile delinquency.* Paper presented at the American Society of Criminology Annual Meeting, San Diego, CA.

#### **INVITED PRESENTATIONS & WORKSHOPS**

- 1) **Hwang, W.** (2010, May). *Culturally adapting psychotherapy.* Invited presentation given at Mental Health Services Act (MHSA) Training Institute (It takes a village: Culturally competent and community-based approaches in working with Asian and Pacific Islander Americans), San Francisco, CA.
- 2) **Hwang, W.** (2010, December). *Multicultural issues in treating ethnic minorities.* Invited presentation given at Claremont McKenna College, Abnormal Psychology Class (for Professor Dan Krauss), Claremont, CA.
- 3) **Hwang, W.** (2010, Nov). *Culturally modifying therapy for ethnic minorities.* Invited presentation given at Pitzer College, Abnormal Psychology Class (for Professor Rick Tsujimoto), Claremont, CA.
- 4) **Hwang, W.** (2009, September). *Culturally adapted cognitive-behavioral therapy training for Chinese Americans.* Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 5) **Hwang, W.** (2009, September). *Cognitive-behavioral therapy training for Chinese Americans.* Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 6) **Hwang, W.** (2009, September). *Navigating successful publications and grant applications.* Invited to serve on roundtable discussion panel at Taiwan Psychology Network Annual Meeting, Toronto, Canada.
- 7) **Hwang, W.** (2009, July). *Culturally adapted and manualized cognitive-behavioral therapy for Chinese Americans training.* Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 8) **Hwang, W.**, Sue, S., & Dhindsa, M. (2009, May). *Therapist factors project: Overview and update.* Invited presentation given at the Asian American Center for Disparities Research (AACDR)-UC Davis,

Davis, CA.

- 9) **Hwang, W.**, Sue, S., & Dhindsa, M. (2009, May). *California Department of Mental Health Study: Overview*. Invited presentation given at the Asian American Center for Disparities Research (AACDR)-UC Davis, Davis, CA.
- 10) **Hwang, W.** (2009, April). *Diversity panel on campus student affairs*. Invited panel presentation given at Claremont McKenna College, Claremont, CA.
- 11) **Hwang, W.** (2009, April). *Understanding depression on college campuses*. Invited presentation given at Caltech, Counseling Center, Pasadena, CA.
- 12) **Hwang, W.** (2009, April). *Developing culturally competent empirically-supported treatments*. Invited presentation given at Richmond Area Multi-Services, San Francisco, CA.
- 13) **Hwang, W.** (2009, April). *How do you adapt psychotherapy for ethnic minorities? An example of a bottom-up and top-down approach with depressed Chinese Americans*. Invited presentation given at Fuller Graduate School of Psychology, Pasadena, CA.
- 14) **Hwang, W.** (2009, March). *Implementing evidence-based practices in community mental health settings: Adapting psychotherapy for Chinese Americans*. Invited presentation given at California State University, Long Beach, CA.
- 15) **Hwang, W.** (2009, February). *Meeting the needs of immigrant communities*. Invited presentation given at Pitzer College, Claremont, CA.
- 16) **Hwang, W.** (2009, January). *Meeting the needs of ethnic minority communities*. Invited presentation given at the University of Southern California, Los Angeles, CA.
- 17) **Hwang, W.** (2009, January). *Depression in Chinese American communities*. Invited radio show talk given at Sing Tao Chinese Radio, San Francisco, CA.
- 18) **Hwang, W.** (2009, January). *Cognitive-Behavioral Therapy Training for Community Mental Health Professionals*. Invited 8-hour workshop given at Asian Pacific Family Center (APFC), Rosemead, CA.
- 19) **Hwang, W.** (2009, January). *Culturally adapting cognitive-behavioral therapy for Chinese Americans: Training community mental health professionals*. Invited 8-hour workshop given at Asian Pacific Family Center (APFC), Rosemead, CA.
- 20) **Hwang, W.** (2008, November). *Training interns to use a culturally adapted and manualized cognitive-behavioral therapy with Chinese Americans*. Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 21) **Hwang, W.** (2008, October). *Training interns to use a culturally adapted and manualized cognitive-behavioral therapy with Chinese Americans*. Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 22) **Hwang, W.** (2008, August). *Implementing manualized cognitive-behavioral therapy in community mental health settings*. Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco,

CA.

- 23) **Hwang, W.** (2008, July). *Using culturally adapted and manualized cognitive-behavioral therapy with Chinese Americans.* Invited 8-hour workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 24) **Hwang, W., Sue, S., & Gabriel, C.** (2008, June). *Therapist factors that predict treatment outcomes among ethnic minority clients.* Invited presentation given at the Asian American Center for Disparities Research (AACDR)-UC Davis, Davis, CA.
- 25) **Hwang, W.** (2008, May). *Understanding cultural issues in psychotherapy and counseling.* Invited presentation given at Fielding Graduate University, CA.
- 26) **Hwang, W.** (2008, April). *Shedding light on a dark problem: Depression on college campuses.* Invited presentation given at Caltech, Counseling Center, Pasadena, CA.
- 27) **Hwang, W.** (2008, April). *Best practices in treating ethnic minority clients: improving efficacy through cultural modifications.* Invited presentation given at Pitzer College, Abnormal Psychology Class (Professor Rick Tsujimoto), Claremont, CA.
- 28) **Hwang, W.** (2008, April). *Community-based formative processes in adapting therapy for use with depressed Chinese Americans.* Invited 4-hour workshop given at Chinatown North Beach Service Center, San Francisco, CA.
- 29) **Hwang, W.** (2008, April). *Let's make it better: Community-reflections and discussions on improving culturally adapted manualized treatments for Chinese Americans: Focus-groups and university-community collaborations.* Invited 4-hour workshop given at Asian Americans for Community Involvement, San Jose, CA.
- 30) **Hwang, W.** (2008, March). *Understanding how to use a culturally adapted manualized treatment with Chinese American clients.* Invited 4-hour workshop given at Asian Community Mental Health Services, Oakland, CA.
- 31) **Hwang, W.** (2008, March). *So here it is! The first culturally adapted treatment manual for Asian Americans.* Invited 4-hour workshop given at Coastal Asian Pacific Mental Health Services, Gardena, CA.
- 32) **Hwang, W.** (2008, March). *How do you successfully implement a culturally adapted evidenced-based and manualized treatment with Chinese Americans?* Invited 4-hour workshop given at Asian Pacific Counseling and Treatment Center, Los Angeles, CA.
- 33) **Hwang, W.** (2008, March). *How do you successfully implement a culturally adapted evidenced-based and manualized treatment with Korean Americans?* Invited 4-hour workshop given at Asian Pacific Counseling and Treatment Center, Los Angeles, CA.
- 34) **Hwang, W.** (2008, Feb). *Adapting therapy for Chinese Americans: Understanding the importance of generative processes.* Invited presentation given at UCLA, Dept of Psychology Research Lab (Professor Anna Lau), Los Angeles, CA.

- 35) **Hwang, W.** (2008, January). *Training interns to be more culturally effective: Reflections on the past and learning for the future.* Invited presentation given at Caltech, Counseling Center, Pasadena, CA.
- 36) **Hwang, W.** (2008, January). *Bottom-up approaches to evidence-based practices for ethnic minorities.* Invited 4-hour workshop given at Chinatown North Beach Service Center, San Francisco, CA.
- 37) **Hwang, W.** (2007, December). *Culturally adapted evidence-based practices for Chinese Americans: Discussions and reflections.* Invited 4-hour workshop given at Asian Community Mental Health Services, Oakland, CA.
- 38) **Hwang, W.** (2007, November). *Assessing treatment outcomes for cognitive-behavioral therapy and culturally adapted cognitive-behavioral therapy: University-community collaborations.* Invited workshop given at Asian Pacific Family Center, Rosemead, CA.
- 39) **Hwang, W.** (2007, November). *Strengthening university-community collaborations: evidence-based treatments in clinical practice.* Invited workshop given at Richmond Area Multi-Services, San Francisco, CA.
- 40) **Hwang, W.** (2007, December). *Modification of evidenced-based practices for Chinese Americans: Focus-groups and university-community collaborations.* Invited 4-hour workshop given at Asian Americans for Community Involvement, San Jose, CA.
- 41) **Hwang, W.** (2007, November). *Cultural adaptation of evidenced-based practice for Chinese Americans.* Invited 4-hour workshop given at Asian Pacific Counseling and Treatment Center, Los Angeles, CA.
- 42) **Hwang, W.** (2007, October). *Cultural adaptation of evidenced-based practice for Korean Americans.* Invited 4-hour workshop given at Asian Pacific Counseling and Treatment Center, Los Angeles, CA.
- 43) **Hwang, W.** (2007, October). *Clinical-community discussions: How to culturally adapt evidenced-based practice for Asian Americans.* Invited 4-hour workshop given at Coastal Asian Pacific Mental Health Services, Gardena, CA.
- 44) Murphy, S., & **Hwang, W.** (2007, August). *Asian Pacific American Mentoring (APAM) Workshop.* Invited presentation given at Claremont McKenna College, Claremont, CA.
- 45) **Hwang, W.** (2007, January). *Working with ethnic minority students in college counseling.* Invited presentation given at University of Laverne, Counseling Center, La Verne, CA.
- 46) **Hwang, W.** (2007, January). *Understanding our racist selves when working with college students in therapy.* Invited presentation given at Cal Poly Pomona, Counseling Center, Pomona, CA.
- 47) **Hwang, W.** (2006, December). *What do we mean by cultural competency and how do we improve therapeutic services for ethnic minorities?* Invited presentation given at Caltech, Counseling Center and the Office of International Student Programs, Pasadena, CA.
- 48) **Hwang, W.** (2006, January). *Addressing the needs of immigrant communities.* Invited presentation given at Claremont McKenna College, Department of Psychology, Claremont, CA.

- 49) **Hwang, W.** (2006, January). *Racism, stereotyping, and media images: An introduction to Asian American literature*. Invited presentation given at Santa Clara University, Departments of Psychology and Ethnic Studies, Santa Clara, CA.
- 50) **Hwang, W.** (2006, January). *How do we meet the needs of immigrant communities? Understanding the relationship between acculturation and mental health*. Invited presentation given at Santa Clara University, Departments of Psychology and Ethnic Studies, Santa Clara, CA.
- 51) **Hwang, W.** (2005, December). *Adapting psychotherapy for ethnic minorities*. Invited presentation given at the University of Utah, Counseling Center, Training Program (CE Credits). Salt Lake City, Utah.
- 52) **Hwang, W.** (2005, November). *Cultural competence in clinical training*. Invited presentation given at the University of Utah, Department of Psychology, Clinical Area Colloquium. Salt Lake City, Utah.
- 53) **Hwang, W.** (2005, July). *Understanding cultural influences on mental health*. Invited presentation given at the University of Utah, Department of Psychology, Minority Summer Research Opportunities Program, Salt Lake City, Utah.
- 54) **Hwang, W.** (2005, June). *Cultural bound syndromes and ethnic differences in the expression of distress*. Invited presentation given at the University of Utah, Department of Psychology, Cross-Cultural Psychology Class, SLC, Utah.
- 55) **Hwang, W.** (2005, March). *Understanding depression*. Invited presentation given at Pomona College, Department of Psychology, Pomona, CA.
- 56) **Hwang, W.** (2005, March). *The research and clinical needs of immigrant communities*. Invited presentation given at Pomona College, Department of Psychology, Claremont, CA.
- 57) **Hwang, W.** (2005, February). *Immigration and acculturative effects on mental health*. Invited presentation given at San Diego State University-University of California San Diego (SDSU-UCSD Joint Doctoral Clinical Psychology Program), Department of Psychology, San Diego, CA.
- 58) **Hwang, W.** (2004, December). *Adapting clinical services for Asian American immigrants*. Invited presentation given at University of Hawaii-Manoa, Department of Psychology, Honolulu, Hawaii.
- 59) **Hwang, W.** (2004, November). *Meeting the mental health needs of immigrant communities*. Invited presentation given at UC Berkeley, Department of Psychology, Berkeley, CA.
- 60) **Hwang, W.** (2004, November). *Adapting psychotherapy for ethnic minorities: Psychosis & shamanism in a Filipino American immigrant*. Invited presentation given at UC Berkeley, Department of Psychology, Berkeley, CA.
- 61) **Hwang, W.** (2004, May). *Working with immigrants: Assessment, case formulation and treatment modification*. Invited presentation given at Harbor-UCLA Medical Center, Los Angeles, CA.
- 62) **Hwang, W.** (2004, March). *Expression of distress and culture-bound syndromes: Clinical implications*. Invited presentation given at UCLA, Adjustment in Immigrant and Families (AIM) Lab, Los Angeles, CA.

- 63) **Hwang, W.** (2003, July). *To reveal or not to reveal diagnoses of schizophrenia to Chinese American Patients: Are we being culturally sensitive or feeding into cultural misconceptions.* Invited presentation given at Richmond Area Multi-Services (RAMS), Inc., National Asian American Psychology Training Center (NAAPTC), San Francisco, CA.
- 64) **Hwang, W.** (2003, January). *Acculturation and depression among Chinese Americans.* Invited presentation given at California State University Northridge (CSUN), Department of Psychology.
- 65) **Hwang, W.** (2002, December). *Assessment with immigrant populations.* Invited presentation given at University of Utah, Department of Psychology. Salt Lake City, Utah.
- 66) **Hwang, W.** (2002, December). *Does level of acculturation increase risk for depression among Chinese Americans.* Invited presentation given at University of Utah, Department of Psychology.
- 67) **Hwang, W.** (2002, November). *Working with immigrant populations: Assessment and acculturative issues.* Invited presentation given at UC Berkeley, Department of Psychology, Berkeley, CA.
- 68) **Hwang, W.** (2002, November). *The acculturation-health Paradox: Findings from studies of depression in Chinese Americans.* Invited presentation given at UC Berkeley, Department of Psychology, Berkeley, CA.

### **TEACHING EXPERIENCE**

- 2006-Present Assistant Professor thru Associate Professor, Claremont McKenna College**  
Undergraduate Courses Taught: Asian American Psychology, Cross-Cultural Psychology, Research Methods, Research Methods Practicum
- 2003- 2006 Assistant Professor, University of Utah**  
Undergraduate Courses Taught: Asian American Mental Health, Collaborative Mode of Learning for Asian American Mental Health, Strategies for International Student College Success  
Graduate Courses Taught: Minority Mental Health, Depression & Affective Disorders
- 2001-2003 Part-Time Faculty, Department of Asian American Studies, California State University, Northridge (CSUN)**  
Undergraduate Courses Taught: Asian American Child & the Schools
- 1998-2001 Teaching Assistant/Instructor, University of California Los Angeles**  
Introductory Psychology, Abnormal Psychology, Counseling Relationships, Asian American Mental Health

### **MASTER'S AND DOCTORAL THESES SUPERVISED**

- 2007-2009 Julia Ting (Doctoral) – The effects of stigma on help-seeking attitudes among Asian Americans and Latinos
- 2004-2006 Julia Ting (Master's) – Help-seeking Attitudes in Asian Americans: Extending Anderson's Sociobehavioral Model

### **SENIOR THESES SUPERVISED**

- 2010-2011 Jeanna Kim (Spring '11), Jenna Suttmeier (Spring '11), Celestial Zaldana (Spring '11)
- 2007-2008 Rina Kawai (CMC) – Year Long Senior Thesis. The dating preferences of Asian Americans and

- 2002-2003 Caucasian Americans: Effects of race, gender, and ethnic density.  
 Lisa Chen (UCLA) - Ethnic differences in the perceived causes of depression and its impact on help-seeking among ethnic minority women.

### **TEACHING ASSISTANTS SUPERVISED**

- 2007-2008 Sarah Ting – Research Methods; Research Methods Practicum  
 2006-2007 Sarah Ting – Research Methods; Research Methods Practicum  
 2004-2006 Julia Ting – Asian American Mental Health; Strategies for International Student College Success

### **POST-GRADUATE, GRADUATE, AND UNDERGRADUATE RESEARCH ASSISTANTS**

#### **SUPERVISED**

- 2010-2011 Postmasters Fellows: Elsie Mak, Ran Li  
Graduate research assistants: Lauren Berger, Wendy Ng, Pi-Ju (Marian) Liu, Serena Wong  
Undergraduate research assistants:  
 Full-year: Cindy Ruxin Ming, Rick Li, Jixi He, Gabriel Poon, Van-Ahn Su  
High School: Leslie Ho (Summer '10 internship)
- 2009-2010 Postmasters Fellows: Elsie Mak, Ran Li, Wendy Ng  
Graduate research assistants: Lauren Berger, Serena Wong, Tzu-Liang Liao, George Lee  
Undergraduate research assistants:  
 Full-year: Phuong Dao, Cindy Ruxin Ming, Rick Li, Jixi He, Gabriel Poon
- 2008-2009 Postdoctoral Fellows: Tat Cheung  
Postmasters Fellows: Elsie Mak  
Graduate research assistants: Nick Yeh, Szu-Chia Wu, Thuc-Nhi Nguyen, Meenu Dhindsa, Carmel Gabriel, Min-Hua Wang, George Lee, Qiaobing Wu, Benjamin Au  
Undergraduate research assistants:  
 Full-year: Han Chang
- 2007-2008 Postdoctoral Fellows: Mayshen Chen  
Postmasters Fellows: Joy Chung, Mei-Chun (Emma) Shen  
Graduate research assistants: Nick Yeh, Yu-Jen Wang, Szu-Chia Wu, James Zhu, Carmel Gabriel  
Undergraduate research assistants:  
 Full-year: Daniela Ojeda, Rina Kawai, Han Chang, Natalya Bogopolskaya, Justin Caouette, Veronica Nauts, Claudia Lopez, Lia Phillips  
 Fall semester: Zanetta Harris, Laura Eise, Heather Marra, Jennifer Reece, Lisa Steckmest  
 Spring semester: Christy Ferioli, Charity Soto, Marie Suzuki, Amanda Lam
- 2006-2007 Graduate research assistants: Julia Ting  
Undergraduate research assistants:  
 Full-year: Daniela Ojeda, Amanda Moar, Rina Kawai, Han Chang, Jessica Nagasako, Veronica Nauts, Tammy Nguyen, Sahil Kapur, JD Skinner, Darci Motoki, Michael Thomas, Jennifer Latimer  
 Fall semester: Katie Mason, Nitt Chuenprateep, Xin Zhou  
 Summer semester: Christy Ferioli  
 Undergraduate and graduate language consultation research assistants: Jingyu Huo, Nick Yeh, Amanda Yang, Chin Wang Ho
- 2005-2006 Graduate research assistants: Julia Ting  
Undergraduate research assistants: JD Skinner, Darci Motoki, Michael Thomas, Jennifer Latimer, Michael Riquino, Donna Prisbrey, Grace Chen, Trina Miyamoto, Sarah Gallanher,

2004-2005 Yuri Nakamura, Stephanie Kotce  
Graduate research assistants: Julia Ting  
Undergraduate research assistants: Grace Chen, Kenton Beckstead, Nhule Tran, Huaiyu Zhang

**OTHER UNDERGRADUATE RESEARCH EXPERIENCES SUPERVISED**

2007-2008 Rina Kawai – Fletcher Jones Foundation Research Fellowship in Psychology  
2007-2008 Justin Cauoette – Fletcher Jones Foundation Research Fellowship in Psychology  
Summer 2006 AnGee Baldini – McKenna International Summer Internship to Chinese University of Hong Kong

**UNDERGRADUATE ACADEMIC ADVISOR FOR:**

2007-2008 Rina Kawai, Sonia Bao, Jessica Cathcart, Michelle Harvey, John Kelsey, Allison Lewin, Molly Murtaugh, Cynthia Ortega, Katherine Wernet, Arielle Zuckerberg, Lauren Avera, Sasha Goldkorn, Kendall McCaarthry, Alison Ryan, Shelly Sheinbein, Julia Smith  
2006-2007 Rina Kawai

**MENTORSHIP TO FACULTY**

2007-2008 - Professor Sung-Kyung Yoo, Visiting Fulbright Scholar from Korea.

**THERAPISTS & CLINICAL ASSESSORS SUPERVISED**

2010-2011 CBT Therapists Supervised: Daniel Fong, Shirley Chan, Yung-Lin Lin, Paddy Cheng, Jessica Kuo  
Culturally Adapted CBT Therapists Supervised: Kitty Choi, Kai-Li Liang, Stella Cheung, Michelle Ng  
Clinical Assessors Supervised: Elsie Mak, Ran Li, Tracy Lo, Nicky Cheng, George Lee, Bella Yu, Phillip Lowe  
2009-2010 CBT Therapists Supervised: Daniel Fong, Shirley Chan, Yung-Lin Lin, Paddy Cheng, Jessica Kuo, Pauline Goh, Tsung-Hsing  
Culturally Adapted CBT Therapists Supervised: Kitty Choi, Kai-Li Liang, Qin Fan, Tiffany Quong, Stella Cheung, Michelle Ng  
Clinical Assessors Supervised: Elsie Mak, Ran Li, Tracy Lo, Nicky Cheng, George Lee, Bella Yu, Phillip Lowe  
2008-2009 CBT Therapists Supervised: Daniel Fong, Shirley Chan, Yung-Lin Lin, Paddy Cheng, Jessica Kuo  
Culturally Adapted CBT Therapists Supervised: Anthony Liu, Bella Yu, Joanna Cheung, Kitty Choi, Monica Chan, Robin Li, Teresa Au, Stella Cheung, Michelle Ng  
Clinical Assessors Supervised: Elsie Mak, Ran Li, Tracy Lo, Nicky Cheng, George Lee, Bella Yu, Qiaobing Wu

**CLINICAL EXPERIENCES**

**2008- Present Clinical Trial Supervisor**

Supervised approximately 25 community mental health care therapists and clinical assessors in providing evidence-based treatments (cognitive-behavioral therapy and culturally adapted cognitive-behavioral therapy) and comprehensive diagnostic assessments for depressed Chinese American clients.

**2004- Present Licensed Clinical Psychologist & Private Practitioner (Pasadena and Claremont)**

Specialization in the treatment of mood disorders (depression, bipolar, anxiety), culture and mental health issues, family and relationship problems, traumas, adjustment, and personal growth and development. Integrative cognitive-behavioral, psychodynamic, and/or solution-

focused approach in treating adults, adolescents, couples, and families. Trilingual: English, Mandarin, & Taiwanese

- 2003-2004 Postdoctoral Fellow, Harbor UCLA Medical Center, NIMH Psychobiology of Ethnicity Center**  
APA accredited Post-doctoral Fellowship. Clinical duties included treating depressed patients of various ethnic backgrounds and conducting clinical interviews and neuropsychological assessments with patients with various psychiatric disorders. Collaborated in research examining ethnic variations in response to antidepressants, effects of ginkgo biloba in improving cognitive functioning of patients with schizophrenia, and a project examining chronic fatigue and neurasthenia in Chinese patients. Advisors: Jeanne Miranda, Ph.D., Freda Cheung, Ph.D., Keh-Ming Lin, M.D., M.P.H., Ira Lesser, M.D., Hector Myers, Ph.D.
- 2002-2003 Psychology Intern, Richmond Area Multi-Services (RAMS): National Asian American Psychology Training Center (NAAPTC)**  
APA accredited clinical internship working with immigrant and diverse populations in a variety of settings including outpatient, inpatient, and school settings. Conducted individual, group, and family therapy and assessments. Advisors: Evelyn Lee, Ed.D., Alla Volovich, Ph.D., Beatrice Choi, Psy.D., Tom Bekeny, Ph.D., Bob Carrere, Ph.D., Steve Kohlstrom, Ph.D., Anastasia Glezerman, Ph.D.
- 2001-2002 Clinical Externship, VA Greater Los Angeles Healthcare System**  
Major rotations included the domiciliary (homeless rehabilitation unit), and the dual diagnosis units (inpatient and outpatient). Provided individual and group therapy, and conducted psychological assessments. Advisors: Mona Lam, Ph.D., Vivian Gold, Ph.D., Thad Eckman, Ph.D.
- 2000-2002 Therapist on the Child Anxiety Behavioral Intervention Project, UCLA Neuropsychiatric Institute**  
Provided child and family cognitive-behavioral therapy for clinically anxious youth as part of a manualized treatment outcome study. Advisors: Jeff Wood, Ph.D., Marian D. Sigman, Ph.D.
- 2000-2001 Clinical Externship, UCLA Student Psychological Services**  
Provided individual and group therapy for university students. Advisors: Tracy Shaw, Ph.D., Renee Kaplan, Ph.D., Elizabeth Gong-Guy, Ph.D.
- 1998-2002 Therapist/Assessor, UCLA Psychology Clinic**  
Clinical activities included providing outpatient individual, family, and couples therapy; conducting group therapy as part of a community and school intervention program for at risk youth, conducting psychological intakes, and providing psychodiagnostic assessments for children and adults. Advisors: Eric Miller, Ph.D., Jill Waterman, Ph.D., Mona Lam, Ph.D., Ed Carroll, Ph.D., Jill Walker, Ph.D.
- 1996-1997 Respite Care Provider, Valley Mental Health (ARTEC)**  
Provided respite services including counseling, tutoring, and communication and social skills development for children and youth. Advisor: Carol Hutchinson, MSW.
- 1995-1995 Crisis Intervention Mobile Team, Salt Lake Rape Crisis Center**  
Provided counseling and advocacy for rape victims seeking emergency treatment at hospitals.
- 1994-1996 Academic Advisor, University of Utah, Department of Psychology, Psychology Advising**

**Center**

Provided academic advising and counseling for university students. Advisor: Sally Ozonoff, Ph.D.

**1994-1994**

**Youth Counselor, Salt Lake County Parks & Recreation**

Provided counseling and designed recreational/educational projects for children and youth in inner-city housing projects. Advisor: Carrie Ramono, MSW.